



# FirstHealth Fitness-Raeford Child Swim Lesson Annual Calendar

Our Child Swim Lessons for ages 6 mos-12 years meet twice per week for 3-weeks. Each class is 30 minutes and is limited to 4-7 kids. *Once a class begins there are no transfers or refunds.*

## How to Register

On-line at [www.firsthealth.org/Raeford](http://www.firsthealth.org/Raeford)

Questions email: Nick Phillips at [naphillips@firsthealth.org](mailto:naphillips@firsthealth.org)

## 2024

### OPEN REGISTRATION

July 29-August 2  
August 26-30  
September 23-27  
October 21-25  
November 18- 29

### CLASS DATES

August 5-22  
September 3-19  
September 30- October 17  
October 28- November 14  
December 2-12 (2 weeks)

**Cost:** Member (\$70)      Guest (\$85)

**To view our schedule and swim level guidelines at:**  
[www.firsthealth.org/swim](http://www.firsthealth.org/swim)